



Headteacher Mrs Johanna James

14 September 2020

Dear Parent/Carer

Please find below some information on a Family Thrive for Parents and Carers course (attached flyer on second page).

School is fortunate enough to be able to offer twelve places on this course, both am and pm sessions, which we can host for six weeks – starting on Monday 2 November from 9.30am-11.30 **OR** 1.15pm-3.15pm. Further sessions will follow on:

Monday 9, 16, 23 and 30 November and Monday 7 December from either 9.30am-11.30am or 1.15pm-3.15pm.

Teas and coffees will be provided and the course will be held in the SCITT Room, located by the main school office. In line with Covid19 guidelines, social distancing measures will be in place.

As places are limited, please let me know before Monday 28 September if you would like to attend the course. Please also inform school if you have any allergies as various play activities have been organised.

You will receive confirmation of a place by Tuesday 29 September.

Yours faithfully

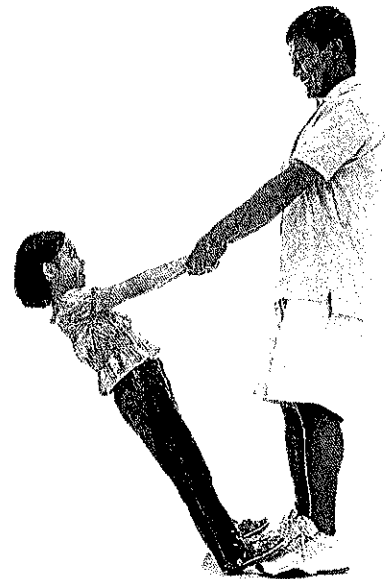
Johanna James  
Headteacher

## Family Thrive for Parents and Carers

A six-week course to introduce you to the fundamentals of Thrive and how it works in practice

Come on this course to find out about:

- the Thrive Approach
- how our brains develop
- how your right brain talks to your left brain!
- why play and creativity are so important to you and your child
- how to support your child at times of change and difficulty
- everyday trigger times and how to keep calm
- how to be a behaviour detective.



### Where and when:

Lobley Hill Primary School

Starting Monday 2<sup>nd</sup> November |

Learn about the amazing growth of your child's brain through childhood and help support their emotional development.

### To book your place or find out more:

The course is run by a Thrive-approved course leader who is an experienced licensed practitioner. It is suitable for you if your child attends a setting that embraces a whole setting approach to Thrive. To book your place or to find out more, please contact:

Kathryn Jobling

Family Support Worker

kathrynjobling@lobleyhillprimary.org.uk

To find out more about Thrive and other courses on offer, please visit:  
[www.thriveapproach.co.uk](http://www.thriveapproach.co.uk)