

LOBLEY HILL MENU 2021-22

W/C – 06/09, 27/09, 18/10, 15/11, 6/12, 10/01, 31/01, 28/02, 21/03, 25/04, 16/05, 13/06, 4/07

Menu Week 1	Meat free Monday	Tuesday	Wednesday	Thursday	Friday
Meat alternative	Wholemeal pizza margherita with pasta and mixed salad or baked beans	Roast Chicken with Yorkshire pudding, gravy, roast potatoes and vegetable medley (RT)	Minced beef pie, streamed new potatoes and mixed vegetables (RT)	Mild chicken tikka masala, steamed rice and mini naan bread (RT)	Omega 3 Fish finger, handmade bun, seasoned surf fries, beans or peas (MSC)
Vegetarian Alternative		Quorn fillet with Yorkshire pudding, gravy, roast potatoes and vegetable medley	Quorn pie, streamed new potatoes and mixed vegetables	Quorn curry, steamed rice and mini naan bread	Quorn sausage, handmade bun, seasoned surf fries, beans or peas
Jacket Potatoes served with mixed salad	Baked beans, tuna, cheese	Baked beans, tuna, cheese	Baked beans, tuna, cheese	Baked beans, tuna, cheese	Baked beans, tuna, cheese
Dessert	Sticky toffee pudding	Chocolate mousse	Jelly and fruit salad	Oaty biscuit	Iced fruit smoothie
Also available daily:	Whole Fresh Fruit or Yogurt				

W/C – 13/09, 04/10, 01/11, 22/11, 13/12, 17/01, 07/02, 07/03, 28/03, 02/05, 23/05, 20/06, 11/07

Menu Week 2	Meat free Monday	Tuesday	Wednesday	Thursday	Friday
Meat alternative	*new Ravioli in rich tomato sauce, homemade garlic bread and mixed salad	Locally produced sausage with mashed potatoes , gravy and seasonal vegetables (RT)	Roast Pork with Yorkshire pudding, gravy, roast potatoes , crushed carrots and swede and green beans	Locally produced chicken burger in homemade bun, hand cut potato wedges served with salad	Fish and Chips, beans and peas (MSC)
Vegetarian Alternative		Quorn sausage with mashed potatoes , gravy and seasonal vegetables	Quorn fillet with Yorkshire pudding, gravy, roast potatoes , crushed carrots and swede and green beans	Quorn burger in homemade bun, hand cut potato wedges served with salad	Traditional Quiche with chips, peas or salad
Jacket Potatoes served with mixed salad	Baked beans, tuna, cheese	Baked beans, tuna, cheese	Baked beans, tuna, cheese	Baked beans, tuna, cheese	Baked beans, tuna, cheese
Dessert	Apple and cinnamon crumble with custard	Flapjack	Vanilla ice cream and fruit	Waffle, chocolate sauce and fruit cocktail	Ginger cookie
Also available daily:	Whole Fresh Fruit or Yogurt				

W/C – 20/09, 11/10, 08/11, 29/11, 03/01, 24/01, 14/02, 14/03, 04/04, 09/05, 06/06, 27/06, 18/07

Menu Week 3	Meat free Monday	Tuesday	Wednesday	Thursday	Friday
Meat alternative	Tomato and mozzarella topped flat bread pizza, garlic and herb oven baked potatoes, coleslaw and sweetcorn	Minced beef in gravy, Yorkshire pudding, mashed potatoes and vegetables (RT)	BBQ Chicken mini baguette melt, paprika seasoned oven baked potatoes with cucumber and tomato salad (RT)	Locally sourced Beef meatballs in marinara sauce, penne pasta and garlic bread *new (RT)	Omega 3 fish fingers, chunky chips, peas or beans (MSC)
Vegetarian Alternative		*new Quorn mince in gravy, Yorkshire pudding, mashed potatoes and vegetables	Quorn mini baguette melt, paprika seasoned oven baked potatoes with cucumber and tomato salad	Quorn meatballs in marinara sauce, penne pasta and garlic bread *new	Cheese or tuna sandwich with chunky chips
Jacket Potatoes served with mixed salad	Baked beans, tuna, cheese	Baked beans, tuna, cheese	Baked beans, tuna, cheese	Baked beans, tuna, cheese	Baked beans, tuna, cheese
Dessert	Chocolate and pear cake with chocolate custard	Shortbread biscuit	Flapjack	Strawberry mousse with homemade granola sprinkle	Rainbow fruit sundae with crunchy biscuit sprinkle
Also available daily:	Whole Fresh Fruit or Yogurt				

MSC - Marine Stewardship council /assured sustainability of the fish

RT – red tractor assured meat

Locally produced – Freemans Catering Butchers