

11 June 2022

Dear Parent/Carer

As part of our Healthy Half Term, there is going to be a 'Friday Challenge' each week. The idea is that it will be something that everyone can access at home.

This week's challenge is to create an activity bingo sheet that includes new tricks or activities. You could include seven activities so you can complete one a day for the next week. Olly in KS2 told me this morning he is going to try some new tricks on his rollerblades. What will you do? If you have had your Hoopstarz session this week you might want to show someone at home the skills you have learnt. What games or skills have you been learning in your sessions with your coach? Did Craig Heap inspire you to do more gymnastics or give a new sport a try?

Please email any pictures to abbithubron@lobleyhillprimary.org.uk or enjoy sharing the activities you tried with your class next week.

Yours faithfully

Johanna James

Johanna James
Headteacher

EXAMPLE

JUMPING JACKS	TRYING A NEW ACTIVITY	THROWING AND CATCHING (WITH A BALL OR A PAIR OF SOCKS)
RUNNING ON THE SPOT	PLAYING ONE OF THE GAMES WE HAVE LEARNT WITH OUR COACH	PRACTISING HULA HOOPING
LEARNING A DANCE	YOU CAN USE THIS ONE OR CREATE YOUR OWN	