

18 September 2025

Dear Parents/Carers

In Autumn 1 your child will begin the 'Family and Relationships' parts of the PSHE /RSE curriculum. Below is an outline of each group's objectives and the key vocabulary they will be using/exposed to in those sessions.

Year 1 & 2 Family and Relationship sequence of lessons

- To set ground rules for PSHE lessons
- To understand the role of families
- To begin to understand the importance and characteristics of positive friendships
- To recognise how others show feelings and how to respond to these
- To begin to understand how courtesy and manners make us feel
- To begin to understand that friendships can have problems but we can overcome these
- To understand what is meant by a stereotype
- To begin to understand how loss and change can affect us

Year 1 & 2 Family and Relationship vocabulary

behaviour	friend	problem	stereotype	permission
emotions	family	care	falling out	love
manners	relation	truth	generous	respect
similar	same	different	positive	support
team	friendship	solution	included	
male	female	career		

Year 3 & 4 Family and Relationship sequence of lessons

- To recap ground rules for PSHE and recap previous learning
- To understand that friendships have ups and downs and that problems can be resolved (Year 3 only)

- To begin to understand the impact of bullying (Year 4 only)
- To understand that families love and support each other but sometimes problems can occur
- Learning that stereotypes are present in everyday life and children's toys and books reinforce gender stereotypes
- To recognize that stereotypes exist based on a number of factors
- To understand that my behaviour can have an impact on others
- To listen and communicate effectively
- To develop understanding of courtesy and manners in a range of situations
- To begin to understand the differences between people and why it is important to respect these (Year 3 only)
- To begin to understand that families are very varied, in this country and across the world

Year 3 & 4 Family and Relationship vocabulary

bullying	communicate	empathy	open questions	similar
solve	authority	trust	act of kindness	stereotype
bereavement	boundaries	bystander	permission	consent
respect	manners	apologise	forgive	Equality act
male	female	disability	discrimination	death
reliable	resolve	breaking trust	let down	
sympathy	loss			

Year 5 & 6 Family and Relationship sequence of lessons

- To recap ground rules for PSHE and recap previous learning
 - To explore the ups and downs of friendships
 - To understand what we mean by respect and why it is important
 - To resolve disputes and conflict through negotiation and compromise
 - To begin to understand that family relationships can sometimes make children feel unhappy and what they can do if this happens
 - To recognize how attitudes to gender have changed over time (Year 5 only)
- To explore the impact of stereotypes and how they can lead to discrimination (Year 6 only)
- To explore other peoples' attitudes and ideas and to begin challenging these (Year 5 only)
- To understand stereotypes and be able to share information on them (Year 6 only)
- To begin to understand the process and emotions relating to grief

Year 5 & 6 Family and Relationship vocabulary

attributes	cyberbullying	marriage	secret	wedding
bullying	bystander	authority	conflict	earn
expectation	grief	grieving	resolve	respect
stereotype	courtesy	disrespect	personal boundary	self-respect
legal	lifelong	victim	race	equality
gender	religion	Racism	Discrimination	protected characteristic

Your child may come home and share their learning with you or ask questions on what they have learnt. I hope that the information that you have been provided with is useful in understanding on what your child will be learning in the next half term.

If you have any further questions, please contact your child's class teacher.

Yours faithfully

K Smith

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