

## There are currently nine Family Hubs located at:

**Birtley Harras Bank Family Hub**  
Harras Bank, Birtley,  
Gateshead DH3 2LN

**Blaydon Winlaton Family Hub**  
Shibdon Bank, Blaydon,  
Gateshead NE21 5EZ

**Deckham Family Hub**  
Elgin Centre, Elgin Road,  
Gateshead NE9 5PA

**Chowdene Family Hub**  
Waverley Road, Chowdene,  
Gateshead NE9 7TU

**Felling Family Hub**  
High Street, Felling,  
Gateshead NE10 9LT

**Teams Family Hub**  
Rose Street, Teams,  
Gateshead NE8 2LS

**Chopwell Family Hub**  
Derwent Street, Chopwell  
Gateshead NE17 7HS

**Leam Lane Family Hub**  
Cotemedede, Leam Lane  
Gateshead NE10 8QH

**Wrekenton Family Hub**  
High Street, Wrekenton  
Gateshead NE9 7JR

### For more information:

Tel (0191) 433 6310

Email [familyhubs@gateshead.gov.uk](mailto:familyhubs@gateshead.gov.uk)

Website [www.gateshead.gov.uk/familyhubs](http://www.gateshead.gov.uk/familyhubs)

 Gateshead Family Hubs

### Help us to improve our service to Gateshead families.

Family Voice is our forum for parents and carers to have their say on:

- Support services at your local Family Hub
- How best to promote the offer among families
- Ideas for new sessions and activities
- Improving our venues and facilities

Please contact us for more information on (0191) 433 6310 or email [familyvoice@gateshead.gov.uk](mailto:familyvoice@gateshead.gov.uk)  
[www.gateshead.gov.uk/familyvoice](http://www.gateshead.gov.uk/familyvoice)

Have your say with  
**FAMILY VOICE**



# Gateshead FAMILY HUBS



  
Gateshead Health  
NHS Foundation Trust

 **Gateshead**  
Council

  
Growing Healthy  
Gateshead  
Creating Healthy Life

  
North East and  
North Cumbria

## Helping our community to thrive

**Gateshead's Family Hubs provide a welcoming space for families and the wider community.**

Our Family Hubs support families from conception to the age of two to give all children the best start in life.

We continue to support families of children up the age of 19 and to age 25 for young people who have special educational needs and disabilities (SEND). Our hubs are also open to other members of the community who may need more help.



## Group activities for pre school children

- Infant Massage
- Baby Time
- Toddler Time
- Active Totz
- Story Time
- Song Time
- Baby & Child First Aid
- First Words Together
- Early Words Together
- Holiday Activities
- Soft Play
- Sensory Kidz
- Bright Futures
- Trike Time
- Creative Time
- Play Time



- Infant Feeding Friends
- Health & Wellbeing Clinics
- Introducing Solid Food Sessions
- Henry – Healthy Start, Bright Future

## Also available at Gateshead Family Hubs

- Parenting & Healthy Relationships Programmes
- Gingerbread Single Parents Groups
- Walk & Wheel Gateshead
- Skills 4 Work
- Gateshead FC Foundation
- Childminders Groups
- Shortbreaks
- Feeding Families
- Family Group Conferencing
- Child Development Team
- Gateshead School's Music Service
- Children's Physiotherapy
- Go Gateshead
- North East Young Dads & Lads
- Mums Talk
- Girl Guiding
- Scouts
- Brighten the Day
- Primary Care Mental Health Service
- Gateshead Parent & Carer Forum



- Bloom Baby Classes
- Fagan Irish Dancing
- Kalma Life
- Little Movers
- Diddi Dance
- Sylvia Dobson School of Dance
- Little Ballers
- Active Through Football'
- Adult Learning
- Library Activities
- Gateshead Ju-Jitsu Club
- Childcare
- Daisy Chain Autism Hubs
- Andy's Man Club
- Hat-trick
- Kinship Carers in Touch
- Portage Groups
- Sensory Rooms
- Toy Library



- Antenatal and Postnatal Care
- Infant Feeding
- Parentcraft
- Pregnancy Smoking Cessation