

At Lobley Hill Primary School, we aim to 'Be The Best We Can Be' through being curious, adventurous and respectful in order to achieve personal excellence.



PE Annual Plan – Cycle B 2023-24

	Year 1/2	Year 3/4	Year 5/6
Autumn 1	Games - Running 1 Dance – Dance Spectrum	Gymnastics – Symmetry and Asymmetry Games – Communication and Tactics	Games (Inv) – Tag Rugby (coach) Swimming
Autumn 2	Games – Dodging 1 Games – Rackets, Bats and Balls	Dance – Dance Spectrum Games (Inv) - Handball	Dance - Dance Spectrum Swimming
Spring 1	Gymnastics – Wide, Narrow, Curled Games (S&F) – Rackets, Bats and Balls	Enhancement – Mindfulness Games (Inv) – Handball	Gymnastics – Counter balance and Counter tension Swimming
Spring 2	Gymnastics – Linking Games – Hands 1	Games (Net) – Tennis Games (Inv) – Basketball (coach)	Enhancement – Cricket Swimming
Summer 1	Games – Hands 1 Dance – Dance Spectrum	Games (Net) – Tennis Games (S&F) - Cricket	Games (Net) – Tennis Swimming
Summer 2	Games – Coach Enhancement – Health and Wellbeing	Games (S&F) - Cricket Athletics	Athletics – Throwing and Jumping Swimming

NOTE:

- Links to the correct Complete PE units can be found within the online scheme in the Curriculum Map section.
- The outdoor unit in Autumn 2/Spring 1 has scope to be extended across both half terms to allow for inclement weather and cancellation of PE session.
- Both Year 5 and ^ will swim this year to enable a move to Year 5 only swimming the following year (2024-25)

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PE Annual Plan – Cycle A 2024-25

	Year 1/2	Year 3/4	Year 5/6	Year 5 only	Year 6 only
Autumn 1	Games - Jumping 1 Dance – Dance Spectrum	Enhancement – Mindfulness Enhancement – Skipping and Hula Hooping	Gymnastics – Matching and Mirroring	Swimming	OAA – Wickham Thorns
Autumn 2	Games - Jumping 1 Games – Games for Understanding	Dance – Dance Spectrum OAA - Orienteering	Dance - Dance Spectrum	Swimming	Leadership
Spring 1	Gymnastics - Body Parts Games – Games for Understanding	Gymnastics - Bridges OAA - Orienteering	Games (Inv) – Basketball (coach)	Swimming	Leadership
Spring 2	Gymnastics – Pathways Games – Feet 1	Games (S&F) – Rounders Games (Inv) - Netball	Games (S&F) - Rounders	Swimming	Games (Inv) - Netball
Summer 1	Games – Feet 1 Dance – Dance Spectrum	Games (Inv) – Rounders Games (Inv) - Netball	Enhancement – Health Related Exercise	Swimming	Games (Net) - Dodgeball
Summer 2	Games – Coach Enhancement – Team Building	Athletics Games (Net) - Dodgeball	Athletics - Running	Swimming	Enhancement – Health Related Exercise

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PE Annual Plan – Cycle B 2025-26

	Year 1/2	Year 3/4	Year 5/6	Year 5 only	Year 6 only
Autumn 1	Games - Running 1 Dance – Dance Spectrum	Gymnastics – Symmetry and Asymmetry Games – Communication and Tactics	Games (Inv) – Tag Rugby (coach)	Swimming	OAA – Whickham Thornes
Autumn 2	Games – Dodging 1 Games – Rackets, Bats and Balls	Dance – Dance Spectrum Games (Inv) - Handball	Dance - Dance Spectrum	Swimming	Leadership
Spring 1	Gymnastics – Wide, Narrow, Curled Games (S&F) – Rackets, Bats and Balls	Enhancement – Mindfulness Games (Inv) – Handball	Gymnastics – Counter balance and Counter tension	Swimming	Leadership
Spring 2	Gymnastics – Linking Games – Hands 1	Games (Net) – Tennis Games (Inv) – Basketball (coach)	Enhancement – Cricket	Swimming	Games (Inv) - Netball
Summer 1	Games – Hands 1 Dance – Dance Spectrum	Games (Net) – Tennis Games (S&F) - Cricket	Games (Net) - Tennis	Swimming	Games (Net) - Dodgeball
Summer 2	Games – Coach Enhancement – Health and Wellbeing	Games (S&F) - Cricket Athletics	Athletics – Throwing and Jumping	Swimming	Enhancement – Health Related Exercise

NOTE:

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